

Individual Program Descriptions

Creative Living - #5900 Series

5901

3-10-10

- **Ava Green** is a designer, and she will show how to decorate and customize gift baskets, which are great for any occasion. Her company is *Terri's Yarns and Crafts*.
- Tired of your blah kitchen? **Joan Hultman** is going to provide some ways to add fashion, a more comfortable look and an update with a little paint, design and changing the cabinet hardware. Her business is called *Woman's Work: Faux Finishing and More*.
- **David Mirassou** is a wine expert and a sixth-generation winemaker. David will show how to throw a great soiree that doesn't break the bank. The secret is to use wines and foods that offer exceptional value for the dollar. He's with *Mirassou Winery*.

5902

3-17-10

- With Florida strawberries, you can enjoy a taste of summer all winter long. **Sue Harrell** represents the *Florida Strawberry Growers Assn.*, and she'll talk about the growing season, selection, storage and much more as she prepares a Strawberry/Banana smoothie for a quick and healthy breakfast.
- **Sandy McCauley** represents *Accugraphic Sales, Inc.* and they make a machine called a Klic-N-Kut. She will show how to use the machine to engrave on metal and hard acrylic, emboss cardstock and punch cardstock for paper embroidery. In fact, it does just about everything!
- **Mary Mertens** is with *Ticche & Bea*, and she will show how to transform your child's baby clothes into a beautiful keepsake quilt.

5903

3-24-10

- **Pamela Kelly** works with the *Museum of New Mexico* in Santa Fe. She will explain how licensees use the historic collections of museums for product development and how there is a place in any home for historic pieces or family heirlooms, along with contemporary furniture.
- **Kymberly Meade** is the Marketing Coordinator with *TexaSweet Citrus Marketing, Inc.*, and she will demonstrate how to entertain with grapefruit and oranges and show how to make an elegant centerpiece with these fruits. Other tips include the health benefits and proper selection.
- **Michelle Robertson**, who is a floral designer, will show how to make a centerpiece for everyday or for special occasions. The tips apply to just about any type of floral arrangement. She is the Manager of *Hestand's Floral and Gifts*.

5904

3-31-10

- **Pam Damour**, *The Decorating Diva*, will show how to make continuous bias strips, turn it into perfect welt cords, and then show how to apply it to different projects.
- Crafter, **Marisa Pawelko** will show how to create "upcycled" accessories out of common household items. These include a juice bottle gift basket, a fruity handbag and a can magnet – just to name a few.
- **Nancy Siler** always has something new to show in the way of cake decorating and this time it has to do with a cake made with rice crispies. She calls it a Crispy Twist Cake. Nancy is with *Wilton Brands*.

5905

4-7-10

- **Amber Hamilton** will discuss ways to prevent sexual violence, how to educate parents and guardians on tools to help them facilitate discussions on sex and sexual violence and share resources. She is the administrator for *S.A.N.E.*
- Ever wonder what type of wine is the perfect "fit" for you? **David Mirassou** is a wine expert and a sixth-generation winemaker, and he will explain a fun, "un-scientific" quiz to determine your wine personality – and it's on their website. He's with *Mirassou Winery*.
- **Kirk Wilkinson** is an author and speaker, and he talks about how forgiveness leads to being happy. His book is titled "*The Happiness Factor*" and he'll also explain benefits to forgiveness.

5906**4-14-10**

- **Mary Lee Chin** is a registered dietitian and nutrition expert for the *California Raisin Marketing Board*, and she knows that some parents have difficulty getting their child to eat nutritious food. She's going to share some ideas and recipes that may help solve the problem.
- **Michele Muska** is with *Simplicity Creative Group*, and she's going to show how to use vinyl to make cuff bracelets and different ways to embellish them. To cut the strips, she'll demonstrate a new rotary cutting machine from *Simplicity*.
- If you like the look of hand appliqué, but don't like hand work, **Patsy Shields** will show how the right stabilizer produces the best results, and some are easier to work with than others. She represents *RNK Distributing and Floriani Stabilizers*.

5907**4-21-10**

- **Kate Chu** represents *pressed-flowers.com*, and she's going to explain how pressed flower art has been raised to new levels, which include single flowers as well as fine art much like painting.
- **Margaret Peot** is an author, artist and painter, and she is going to show how to make inkblot butterflies that can be mounted in a shadowbox or in a frame for display.

5908**4-28-10**

- **Lance Heft** is a businessman, author and entrepreneur and has written a book titled "*Your Turn to Win.*" Lance will talk about tips for women re-entering the workforce, or working from home in a "home-friendly" business. He'll also explain a key point that prohibits most people from pursuing their dreams.
- **Evelyn Terhune**, owner of *Ozark Crafts*, will show a technique that can be used anytime when you have a collar opening with a facing. It's quick, clean and must faster than the traditional application found on most patterns.
- If you're looking for a quick, tasty and nutritious dip, **Teresa Wagner**, DairyMax, will demonstrate making a cucumber yogurt dip. It can also be used to top a baked potato or as a dip for quesadillas.

5909**5-5-10**

- Based on his book titled "*Nuggets of Gold*," **Wilny Audain** says that having it "all" is about having a healthy self-esteem. His company is called *Living Circle*.
- **Sue Harrell** represents the *Florida Strawberry Growers Assn.*, and she'll show how to make delicious food gifts for any occasion. With strawberries and chocolate, you simply can't go wrong. She'll also explain how strawberries are grown and harvested, as well as discuss nutrition, selection, and storage.
- **Connie Moyers** is going to share some food gift ideas and some very clever packaging for these gifts. Connie is with the *New Mexico Cooperative Extension Service*.

5910**5-12-10**

- **Jean Gilles Dean** is a quilting expert, and she's going to explain why a quilt needs to be blocked and when to do it as well as the different methods, such as steaming, wetting and drying.
- **Rita Fuentes** will show how to create the perfect ambiance in your home and save money to splurge for special occasions. She is an Independent Consultant with *PartyLite*.
- According to **Paul Zuch** there are important questions we should ask when interviewing a remodeler. Not only will his suggestions help establish a company or individual's qualifications and reputation; it'll help find the right person for the job. He represents the *National Association of Remodeling Industry, Int'l*.

5911**5-19-10**

- **Catherine Carrigan** is going to talk about the four steps important to total fitness, and these include exercise, attitude, rest and nutrition. Her company is *Total Fitness*.
- **Pam Damour**, *The Decorating Diva*, will show how to make a perfect knife pleat and box pleat trim and then demonstrate how to insert these pleats into a window treatment or on a pillow.
- **Patty Mastracco** represents the *U. S. Potato Board*, and she's going to talk about how to have good nutrition on a budget. With potatoes costing only 25 cents each, she'll share ways to cook once, eat twice as she makes some pennywise recipes.

5912

5-26-10

- **Michele Muska** is with *Simplicity Creative Group*, and she's going to show how to make bias strips using a new Simplicity Bias Tape Maker machine. Then she'll show how to make a ruched bias tape flower pin.
- **Janet Pray** is the president and owner of *Islander Sewing Systems*, and she will discuss how to develop a sewing related business, including pricing, advertising, insurance and much more in a segment she calls "Sew Me the Money."
- Author, **Jane Thompson** talks about her book which focuses on 52 weeks of choosing happiness following a divorce. She'll talk about the importance of writing, reading and cooking and explain how this helped her choose happiness. Each chapter also features a unique recipe for readers to try.

5913

6-2-10

- **Latriece Brooks** is an interior decorator, and she's going to talk about rugs and explain the difference between an authentic oriental rug and power loomed rugs. She also says that the origin of a rug is determined by its geographical location and the type of knot used in creating the rug. Her business is *Brooks Interiors*.
- **Laura Dellutri** is going to share six tips that will help you better cope with busy schedules and busy lives. Her company is *Healthy Housekeeper, Inc.*
- Chef and cooking school owner, **John Vollertsen** (known as Chef Johnny Vee), will share some reasons why he became a chef and tell how the advice of his father influenced him to go into the cooking field rather than in the theater.

5914

6-9-10

- **Vivian Lavinskis** will show how to use leftover cotton and cotton blend remnants to make a bread basket that is simple enough for even beginning seamstresses. It also makes a great hostess gift. She's with *Singer Sewing Co.*
- **Judi Moreo** is a motivational speaker and an author, and she's going to talk about a system for setting your vision and goals and a record of your daily thoughts and feelings in order to stay on track, focus forward and measure how you're doing. Judi's company is *Turning Points Int'l.*
- **Elle Swan** is an author and motivational speaker, and she's going to explain how a person can achieve their dreams in style. She'll talk about imagination and glamour as well as the value of visualization.

5915

6-16-10

- **Lacy Jones** will talk about several ways to redecorate any room in the house without spending a lot of money. She starts by telling clients to "de-clutter and re-arrange." She's a Visual Coordinator for *Havertys Furniture*.
- **Patty Waid** is an event planner, and she stresses that if you want to get your message out, you need to communicate in a unique way. She'll talk about how to design the message and how to send it to get the most exposure. Her business is *Waid and Associates*.
- **Margot Potter** will show how to make a charming necklace from scrapbook and vintage papers accented with vintage buttons. She'll show all the steps involved, including the finishing touches of adding grommets, a chain and clasp and button accents. Her business is *The Impatient Crafter*.

5916

6-23-10

- Decorators and authors, **Edie Van Breems and Rhonda Eleish** will show how to achieve a light floor finish by pickling or applying a lime wax, which is reminiscent of floors in Swedish designs. Their business is *Eleish Van Breems, Ltd.*
- **Christine Palumbo**, *Honeysuckle White and Shady Brook Farms*, suggests that instead of buying pre-made 100-calorie snacks, we can make our own. She'll display a variety of healthful snacks that are low in calories and delicious, too.
- Crafter, **Marisa Pawelko** will show how to create "upcycled" jewelry out of common household items, old broken jewelry bits, trinkets and other objects. She'll demonstrate her award winning technique using a product you probably have never considered for crafts.

5917

6-30-10

- **Kathy Bowers** is a quilting guru and author of a book titled "*Stitch, Spritz and Sew.*" She's going to demonstrate all of the basics regarding quilting, including notions and sewing tips.
- **Jann Johnson** is a crafter and she loves coming up with unusual items that are chic and yet inexpensive. She'll show how to make clothespin doll fairies and cheap chic wall art. She represents *EK Success Brands, Dow and Krylon*.

- **Sara Mower** will show how quick fun and simple versatile rubbing plates can be for all age groups. They allow you to product extraordinary results with many mediums, including wall art, posters, wrapping paper and more. She represents *Roylco, Inc.*

5918

7-7-10

- **Barb Chauncey** has written a book titled "*Denim by Design,*" and she's going to show how to make various denim belts and headbands. Her company is *A Barb Chauncey Design.*
- **Carol Fenster** explains that gluten-free bread costs more than regular bread and that it's important to make the most of every slice – even stale, leftover bread – and she'll show how. Her business is *Savory Palate, Inc.*
- **Elle Swan** is an author and motivational speaker, and she's going to talk about what image is and how relates to sales. She'll also explain the connection between image and personal branding and share her four specific secrets for selling and image.

5919

7-14-10

- **Mary Mertens** is with *Ticche & Bea*, and she will show how to learn to sew with the Design-a-Doll kit. It provides a quick project for kids to make when they are first learning to sew.
- **Evelyn Terhune** will demonstrate how to make use of sewing scraps by making a cute children's quilt, a senior citizens lap quilt or even a wall hanging by using decorative stitching. Her business is *Ozark Crafts.*
- **John Vollertsen** (known as Chef Johnny Vee) is a chef and owner of two cooking schools. He will demonstrate how to use a stovetop smoker to smoke a side of salmon in 9 minutes. He is very entertaining as he prepares his recipes.

5920

7-21-10

- Author, **Kivi Bernhard** talks about the hunt for profit in a tough global economy. His book is titled "Leopardology and he compares critical business thinking with the hunt for the African leopard.
- **Sandy McCauley** represents *Accugraphic Sales, Inc.* and they make a machine called a Klic-N-Kut. She will demonstrate how the machine can cut vinyl for cars, wall décor, glass etching, faux glass etching and t-shirt applications.
- **Teresa Wagner**, DairyMax, will demonstrate making a child friendly and creative recipe that is low cost and easy to make and looks as good as it tastes. It's a beef stew parfait -- and it really is served in a parfait glass.

5921

7-28-10

- **Laura Dellutri** will share two five-minute recipes in a segment she called "Speed Cooking." Her company is *The Healthy Housekeeper, Inc.*
- **Bruce Johnson** is going to show how to take an unfinished toy chest and turn it into a food/toy storage chest for pets. He'll also show some other easy projects for pampering your pet. Bruce is the spokesperson for *Minwax.*
- **Jann Johnson** is a crafter and will show how to make a clay vase, metal frame and a decoupage tray – all easy gifts to make. She represents *Polyform Products, Beacon Adhesives, Walnut Hollow and Krylon.*

5922

8-4-10

- **Ava Green** is a designer and she knows that we are all looking for ways to make the most of our money and time and to show our creativity and individuality. She'll demonstrate how pillows can be made from blocks of knitting or crocheting. Her company is *Terri's Yarns and Crafts.*
- **Curt Jaynes** will show different products that are available to control weeds, how to mulch flowerbeds and use rock and grass clippings as weed barriers. Curt's with *GardenSource Nursery and Landscaping.*
- **Patty Mastracco** represents the *U. S. Potato Board*, and she's going to share the secret to preparing superfast spuds – and, it's the microwave oven. She'll share a series of recipes all created using the microwave and one is a complete casserole on the table in 20 minutes.

5923

8-11-10

- **Judy Novella** is with *Fairfield Processing Corp.,* and she will explain how to choose the right batting that will work best for your quilt, the correct pillow form and the type of fiberfill for every project.
- **Patsy Shields** represents *RNK Distributing and Floriani Stabilizers,* and she will show how to make a patch by using an embroidery technique.

- Author, **Jane Thompson** talks about how important routines and rituals are for the family especially following a divorce. She also discusses planning ahead, protecting the children, being grateful and realizing that attitude colors everything. Her book is "*Choosing Happiness After Divorce.*"

5924

8-18-10

- **Connie Moyers** is going to share some of her favorite ideas for gift giving, and many of them use scrapbooking paper and supplies and all are easy to make. Connie is with the *New Mexico Cooperative Extension Service*.
- **Ruth St. Pierre**, whose company is *Creative Business Resources*, says we can use CPA, which stands for Create, Promote, Allow, in dealing with situations such as breast cancer. Speaking first hand, Ruth says it was a way for her to reclaim her personal power.
- **Terrell Sundermann** is going to demonstrate making a window valance for either an inside mount or an outside mount. Her business is *Terrell Designs*.

5925

8-25-10

- **Lance Heft** is a businessman, author and entrepreneur and has written a book titled "*Your Turn to Win.*" Lance will talk about how important it is for everyone to "live in the moment," and tell how to turn one's passions into a reality.
- **Vivian Lavinskas** is with *Singer Sewing Co.*, and she'll show how to create unique gift cards, stationery and envelopes using decorating stitches on the sewing machine. She says it's a good project for beginners and children learning to sew.
- **Kathryn Porter** is a book author and has coined a phrase she calls Clutternomics -- or making the economy of clutter work for you. She'll explain how to organize a home office, and yet the concept will work for any room or office.

5926

9-1-10

- **Kate Chu** represents pressed-flowers.com, and she's going to show different ways that pressed flowers can be attached to different objects, such as magnets, jewelry, candles and even light switch plates.
- **Curt Jaynes** will talk about how to have beautiful fall foliage, and what to do when the weather starts to turn cold. Curt's with *GardenSource Nursery and Landscaping*.
- **Judy Novella** is with *Fairfield Processing Corp.*, and she will explain how to create "green" projects from recycled materials.

