

# Press Release

## **“CREATIVE LIVING” OFFERS 6000 SERIES**

The up-coming #6000 series of “*Creative Living with Sheryl Borden*” is produced in high definition, and will feature something of interest on every show for every member of the family.

This series will provide information on a wide variety of topics. The #6000 series, which will begin \_\_\_\_\_ at \_\_\_\_\_ on \_\_\_\_\_, will include sewing and fashion, foods and nutrition, health, along with information for the home, crafts and a variety of other consumer-related topics.

Food-related topics will include lots of new ideas for cake decorating from Wilton, preparing decadent desserts, baking with sunflower seeds, and Greek menus for serving potato salad. Information on strawberries for good health, grapefruit suggestions for breakfast, budget-friendly turkey meals, and how to replace eggs in baking will also be presented, along with numerous other topics.

In the area of sewing and fashion, topics will include making knitted and crocheted mini purses, cotton theory quilting, denim purse making, several new ways to do machine embroidery, and easy silk screening techniques. Other information will be presented on piecing on paper foundations, pillow making, snail and box-pleated ruching, working with fleece edges and making a pocket placemat.

Some of the topics that pertain to the home include energy saving tips, how to paint and wax wooden frames, making a double roman shade and re-doing a teen’s room on a budget. Other topics will include fabric and accessories to freshen home decor, tackling kitchen clutter, transforming a bedroom with new throw pillows and learning about candles..

Crafters will enjoy learning to use a Klic-N-Kut machine to cut twenty different materials, making baby shower gift “cakes,” designing wreaths for multiple seasons, fabric tinting with crayons,

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and making flower headbands. Information will also be presented on fusible fabric applique cards, mastering miters, making flower power earrings, color diffusing, and creting projects from recycled materials..

As evidenced by the wide variety of topics, everyone can benefit from “*Creative Living with Sheryl Borden.*” An attractive booklet, titled “*Creative Living - 6000 Series*” is available to viewers FREE of charge by downloading it off the internet. Viewers can go to [www.kenw.org](http://www.kenw.org) and print off the entire booklet -- or just print off specific pages of interest.

A new e-Newsletter is also available free of charge - viewers just need to subscribe by entering their e-mail address on the web page. This will be filled with up-to-date and interesting information from guests before their segments actually air -- so it’s a sneak preview of sorts. DVDs of all “*Creative Living*” shows are available on the website, too.

“*Creative Living with Sheryl Borden*” is a production of KENW-TV, Portales, New Mexico, the public television station serving Eastern New Mexico and West Texas. The show is distributed by Westlink, and is carried on more than 118 PBS stations in the United States, Canada, Guam and Puerto Rico, and is in its 34th season. Viewers can see what’s on the show by visiting KENW’s home page on the World Wide Web. The address is: [www.kenw.org](http://www.kenw.org) and then click on “*Creative Living.*”

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