

Press Release

“CREATIVE LIVING” Presents the 7700 Series

The up-coming #7700 series of ***“Creative Living with Sheryl Borden”*** will continue the 43rd year of the show, which is produced in high definition and features something of interest for every member of the family.

This series will provide information on a wide variety of topics. The #7700 series, which will begin _____ at _____ on _____, will include sewing and fashion, foods and nutrition, home, hearth and health, along with information on crafts and a variety of other consumer-related topics.

Food-related topics will include making Paella, setting up for a brunch, gluten-free box meals on the market and wonders with wontons. Information on getting to know your dairy farmers, and teaching kids to cook will also be featured. Other topics include baking for special needs, cooking breakfast with peanuts as well as cooking black quinoa.

In the area of sewing and fashion, topics will include making totebags, sewing set-in circles, applique techniques, quilting and hardcore wardrobing. Other information will be presented on adding personality to your bag projects, loom-knit projects, and creating with Kraft Tex. Other topics will be on incorporating Dupioni silk in quilts, twilling, making girls and doll clothes that match, as well as discussing how color clarity affects depth perception.

Some of the topics that pertain to home, hearth and health include wallpaper pros and cons, how to cure the cuttlebug, making a grand entrance and sleep disorders. Other topics will include over-all remodeling, biomimetic dentistry and how houseplants are good for you.

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Crafters will enjoy learning to make floral wall hangings, dyeing with crafters' ink, designing with a projector and working with pressed flowers. Other topics include chalk painting, lettering and designing with a lightbox, making Zentangles and filigree ornaments. Many more craft-related topics are also featured, including patterned paper transformed, upcycled treasures and making an easy wristlet with Kraft Tex.

Other topics to be covered in this #7700 series include the power of GET statements, creativity, flower arranging, how to avoid raising a perfectionist, making homemade soap and much more.

As evidenced by the wide variety of topics, everyone can benefit from ***“Creative Living with Sheryl Borden.”*** An attractive booklet, titled *“The #7700 Series”* is available to viewers FREE of charge by downloading it from the internet. Viewers can go to kenw.org, then click on the Creative Living tab, and scroll down to “Booklets.” All of the booklets can be printed free of charge.

An e-Newsletter is also available free of charge - viewers can subscribe by entering their e-mail address on the web page. The e-Newsletter is filled with up-to-date and interesting information from guests before their segments actually air.

“Creative Living with Sheryl Borden” is a production of KENW-TV, Portales, New Mexico. The show is distributed by Westlink and is carried on more than 118 PBS stations in the United States, Canada, Guam and Puerto Rico. ***“Creative Living with Sheryl Borden”*** is listed in Wikipedia as one of the longest running shows on television. Viewers can see what's on the show by visiting KENW's home page. The address is: kenw.org and then click on ***“Creative Living.”***

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