

Press Release

“CREATIVE LIVING” Presents the 7900 Series

The up-coming #7900 series of ***“Creative Living with Sheryl Borden”*** will conclude the 44th year of the show, which is produced in high definition and features something of interest for every member of the family.

This series will provide information on a wide variety of topics. The #7900 series, which will begin _____ at _____ on _____, will include sewing and fashion, foods and nutrition, home, hearth and health, along with information on crafts and a variety of other consumer-related topics.

Food-related topics will include gourmet and gluten-free recipes, making bread sculptures, and cooking with herbs. Information on tangine cookware, cooking fried chicken, the history of mixology and making gazpacho. Other topics include healthy gluten-free snacks, making raw chocolate mousse and raw Cheddar Cheese sauce, cooking with dried and fresh figs and the power of the peanut.

In the area of sewing and fashion, topics will include selecting fabrics for quilts, fancy zipper application, sewing basics and silk ribbon embroidery. Other information will be presented on pulled and drawn thread embroidery, making shoulder bags, sewing with leather and painting on fabric. Other topics will be on super serger techniques, tying scarves, and making different styles of totebags.

Some of the topics that pertain to home, hearth and health include bathroom remodeling, aging in place, using a Smart Pot for gardening and trends and truth regarding minerals in the diet. Other topics will include how to cure the cuttlebug and upgrading your cabinet hardware.

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Crafters will enjoy learning to make party decor, working with no-bake polymer clay, unique ideas to create thank you messages and making a double-sliding card. Other topics include magic image transfers, making purse treat holders, easy breezy centerpieces and making a crystal floral jewelry set. Many more craft-related topics are also featured, including fashion embellishments and room decor with Sizzix, background basics with stamps and inks and what to do with dominoes.

Other topics to be covered in this #7900 series include the creativity vortex, animals and coins, happy hummingbirds, budgets and tracking expenses, along with the manifesting process, floral decorating and decreasing dehydration in pets.

As evidenced by the wide variety of topics, everyone can benefit from ***“Creative Living with Sheryl Borden.”*** An attractive booklet, titled *“The #7900 Series”* is available to viewers FREE of charge by downloading it from the internet. Viewers can go to kenw.org, then click on the Creative Living tab, and scroll down to “Booklets.” All of the booklets can be printed free of charge.

An e-Newsletter is also available free of charge - viewers can subscribe by entering their e-mail address on the web page. The e-Newsletter is filled with up-to-date and interesting information from guests before their segments actually air.

“Creative Living with Sheryl Borden” is a production of KENW-TV, Portales, New Mexico. The show is distributed by Westlink and is carried on more than 118 PBS stations in the United States, Canada, Guam and Puerto Rico. ***“Creative Living with Sheryl Borden”*** is listed in Wikipedia as one of the longest running shows on television. Viewers can see what’s on the show by visiting KENW’s home page. The address is: kenw.org and then click on ***“Creative Living.”***

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